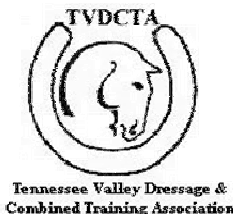


Meris Greges
29938 Thach Rd
Athens, AL 35613



Next Meeting, Tuesday August 16 7 PM at Cantina Laredo in
Bridgestreet. See Page 2.

INSIDE THIS ISSUE

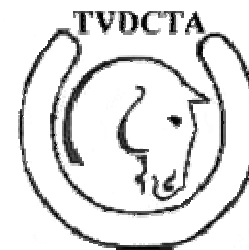
New Library Materials (1)

Biomechanics to be Discussed in September (3)

Dinner out in August (2)

September Show Prize List and Entry (4-5)

Want to become a member of TVDCTA? Enjoy the benefits of meeting other horse people with a common interest, get discounts at our 4 schooling shows per year, have access to the library, attend our monthly information seminars, and receive the monthly BITS newsletter. Membership forms are available on the website www.tvdcta.org Membership runs in accordance with USDF membership year starting December 1 through November 30. Renewal information will be sent out in the newsletter starting in September.



TVDCTA Bits

Newsletter of the Tennessee Valley Dressage and Combined Training Association

Aug 2011

THIS MONTH....

LIBRARY UPDATE	1
JUNE MEETING MINUTES	2
BIOMECHANICS TO BE DISCUSSED IN SEPT	3
SEPT SHOW PRIZE LIST	4-5
CALENDAR OF EVENTS	6
CLASSIFIEDS	7

Important Dates

- Aug 16, 2011 Dinner/Meeting at Cantina Laredo in Bridgestreet. 7PM. Please bring a favorite dressage or horse book to discuss. See Page 2 for more information
- Aug 27, 2011 Closing Date for Sept 10 Schooling Show. Prize List and Entry on Page 4 & 5
- Sept 10, 2011 TVDCTA Schooling Show at Red Horse Ridge.
- Sept 20, 2011 Meeting at deciBel Research. Meris Greges to talk about Biomechanics at 6:30. See page 3

TVDCTA has an Updated Library Collection

The terms for checking out items are:

- Check out time of 1 month
- Will need to leave cash or check for deposit (price is will be the replacement cost of the item) which will be returned when DVD or book is returned
- Limit of 2 items checked out at a time
- Must be a member in good standing
- All DVDs will be brought to meetings for return or exchange but if you would like to check out a book please make request at least 24 hours ahead of the meeting.

Please contact librarian Cynthia Moore, (256) 325-7041; neptune75@knology.net

The DVDs currently available are:

- Equine Massage for Performance Horses
- Conrad Schumacher's Dressage system: Prepare to win vol.1
- Training with Kyra vol 3: The horse's outline and collection
- Training with Kyra vol 4: Lateral movements
- Training with Kyra vol 6: Advanced movements/Canter
- Gymnastic Patterns with Leslie Webb vol 1: Influence
- Gymnastic Patterns with Leslie Webb vol 2: Alignment
- Gymnastic Patterns with Leslie Webb vol 3 : Engagement
- Dressage in Detail Klimke vol 1: loosening/trot work
- Dressage in Detail Klimke vol 2: canter work
- Dressage in Detail Klimke vol 3: double bridle
- Train with Jane vol 1: forward/ straight/ supple/ lateral
- Sensitive Schooling: gaits, bends and transitions Sylvia Loch vol 1
- On the Levels 2011 tests

The books available are:

- Lameness Equine Research
- Classic Encyclopedia of the Horse
- Feeling Dressage Ruth Schaefer
- US Pony Club Manual: Intermediate Horsemanship Susan Harris
- US Pony Club Manual: Advanced Horsemanship Susan Harris
- Storey's Guide to Feeding Horse Melyni Worth
- Howell Equine Handbook of Tendon and Ligament Injuries Linda Schultz

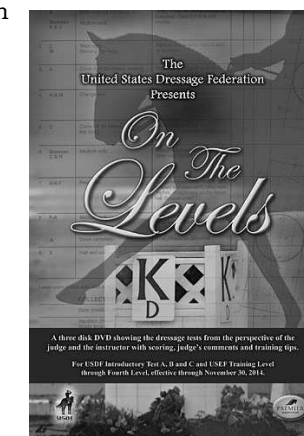


Photo courtesy USDF store

(Continued on page 6)

TVDCTA Officers

President: Judith Fiorentino

125 Christopher Dr.

Madison, AL 35757

256-837-5474

steelprize@knology.net

Vice President: Open

Secretary: Sally Coloco

310 N Jefferson St

Athens, AL 35611

256-232-1054

sally@dbresearch.net

Treasurer: Paulette Harrell

3113 Hale Drive

Huntsville, AL 35805

256-652-4007

paulette.tvdcta@hotmail.com

TVDCTA Committees

Awards

Debbie Hill, (256) 656-9762,
LHill454545@aol.com

Shows, Clinics, and Judges:

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Sonja Rich, (256)303-4020

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Volunteer Coordinator

Sabrina Byrum, (256)851-5504

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Publicity

Sally Coloco, (256)232-1054

sally@dbresearch.net

CT Coordinator

Available

CT Volunteer Coordinator

No CT competitions planned for 2011

Mission Statement

TVDCTA is a non-profit organization dedicated to encouraging a high standard of horsemanship through the use of classical dressage techniques. The TVDCTA will disseminate educational material, sponsor and promote activities (such as clinics, seminars and competitions), and cooperate with other local and national organizations in developing and promoting better horsemanship.

Tennessee Valley Dressage & Combined Training Association Member's Meeting 21 June 2011

The business meeting was called to order at 7:40 PM. Eleven people attended the presentation and the meeting. Thank you to Bill Fiorentino who gave a great presentation on trailers and trailer safety. A question and answer session followed. Minutes of the May Meeting were approved with corrections.

Treasurer Report (Paulette Harrell):

Beginning Balance	\$3562.77
May Meeting	(\$38.03)
Newsletter	(\$136.56)
Show Profit	\$1218.35
Ending Balance	\$4606.53

Membership (Paulette Harrell): This month brought one new member and one renewal. Several ideas were discussed with respect to recruiting more members. Penny Lee will work with Paulette on the membership committee to evaluate the ideas and come up with a proposed plan. A motion was made to acquire a Paypal account which could be used to facilitate collection of membership dues and show fees online. Motion passed.

Shows and Clinics (Judith Fiorentino): Judges for both the September and October shows have been confirmed. Judge fees for the September show will be \$350 and \$200 for travel. Judge fees for the October show will be \$500. The club will pay 1/3 of the travel fee as the judge will be giving two days of non-TVDCTA clinics on the same trip.

Meetings and Programs: The next scheduled meetings are 19 July 2011: Library Preview, Cynthia Moore (dBResearch) 16 August 2011: Dinner Out at Cantina Laredo, Bridgestreet. Discussion topic: "favorite dressage books" 20 September 2011: Biomechanics, Meris Greges (dBResearch) Meeting was adjourned at 8:26

TVDCTA Member Meeting Schedule

- Aug 16 — This meeting will be at Cantina Laredo at 7PM. Please be prepared to discuss you favorite dressage book.
- Sept 20—Meeting at deciBel Research (325 Bob Heath Dr in Research Park in Huntsville. Speaker Meris Greges to talk about Biomechanics.

Notifications will be sent via e-mail prior to the meetings. For all meetings except August dinner will start at 6:15 with the speaker beginning at 6:30 and the Business Meeting at 7:15. All members and guests are welcome to attend.

Please contact Meetings and Programs committee members if you would like more information or have ideas for topics.

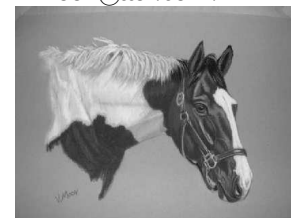
Sally Coloco, (256)232-1054; sally@dbresearch.net

Sonja Rich, (256)303-4020; danceebottoms@yahoo.com

Classified Ads

Member's (free) classified ads will also appear on the TVDCTA web site, www.tvdcta.org. Note that the pictures will be **in color and larger** if you look on the web! You may also submit pictures for inclusion in your ad. Please contact the editors to renew after three months.

Portraits in pastel by Virginia Moon. Starting at \$250.00 depending on travel. I will take photos of your horse. Call 859-0659 or email ginny-moon@aol.com.



Helmet For Sale. Almost new Charles Owen GR8 Helmet. Black, size 7 1/4. \$125.00. Please contact Libby Hillis at elizabeth.l.hillis@us.army.mil or 256-509-2387

Portraits by Cathy. Horses, dogs cats and children. Your favorite photo or I can take them for you. \$150 for a head only, \$200 and up for the whole animal, depending on the amount of background, rider etc. Call 721-3946 or email me at czappe@mchsi.com.



Judith Fiorentino

USDF Bronze, Silver and Gold Medalist

Steel Prize Stables

Dressage

steelprize@knology.net

<http://steelprizestables.com>

125 Christopher Dr
Madison, AL 35757

256-837-5474
Fax 256-430-0014

Cathy Zappe
Dressage Instructor

USDF Certified Instructor (4th level)
USDF Bronze and Silver Medalist

Pinelands Farm
505 Orville Smith Rd.,
Harvest AL 35749

Home: (256) 721 3946
Cell: (256) 604 9400

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Debbie Hill
Resident Dressage Trainer at Red Horse Ridge

USDF Bronze and Silver Medalist
USDF Silver Bar for Freestyles
USDF Certified Associate Instructor
USDF "L" graduate

809 Moontown Rd.
Brownsboro, AL 35741

Karin Miles

Dressage - Show Jumping Instructor

Phone: 256-783-3640
KleineRate@aol.com
www.GermanRidingInstructor.com

Bronze & Silver Medal Achievement
German Certified Trainer B (FN Warendorf)
USDF certified associate Instructor

"Enjoy the ART OF RIDING"

(Library continued from page 1)

- Dressage A to X Barbara Burkhardt
- Horse Owner's Vet Handbook
- Equine Massage Jean Pierre Hourdebaigt
- The Bit and the Reins Gerhard Kapitzke

- 101 Dressage Exercises Sec Aristotle Ballou
- Complete book of Bits and Bitting Elwyn Edwards
- Visions of Dressage Elizabeth Furth
- For the Good of the Rider Mary Wanless
- Groom to Win Susan Harris
- Horse Follow Closely Gawani Pony Boy

2011 CALENDAR OF EVENTS

Aug 13	CDTA Schooling Show. Walnut Trace Farm; Collins Rd, Nashville, TN. Contact Sherry Pride at sp4horses@united.net or see http://www.tndressage.com/Calendar.html
Aug 20-21	Dressage at Greystone Farms. Lynnville, TN. USDF/USEF Dressage show. See www.greystoneequestriancentersshows.com
Aug 26-28	Ole South Prelude and Breed Show and Dressage Classic. Murfreesboro, TN. USDF/USEF Dressage Show. See www.tndressage.com
Sept 2-4	Brian MacMahon Clinic. Teaching at various farms near Huntsville. Please contact Sonja Hinds for more information. (256) 682-6913 or sonjahinds57@msn.com
Sept 10	TVDCTA Schooling Show at Red Horse Ridge. Gurley, AL. Judge: Mary Fowler (R). See www.tvdcta.org and Prize List and Entry on Page 4-5.
Sept 10-11	Dressage at Greystone Farms. Lynnville, TN. USDF/USEF Dressage show. See www.greystoneequestriancentersshows.com
Sept 10-11	Poplar Place Farm September Dressage Show. Hamilton, GA. USDF/USEF Dressage show. See www.poplarplacefarm.com
Sept 10-11	Southern Hospitality Dressage Breeders Classic 1 and 2. Conyers, GA. See www.gdcta.org
Sept 17-18	The Good Horseman/Collecting Gaits Farm Fall Dressage Show. Conyers, GA. USDF/USEF Dressage show. See www.goodhorseman.org
Sept 18	GHF Fall Dressage Sport Horse Breed Show #2. Conyers, GA. USDF/USEF Dressage show. See www.goodhorseman.org
Sept 24	CDTA Schooling Show. Robertson Equestrian Facility; Murfreesboro, TN. Contact Sherry Pride at sp4horses@united.net or see http://www.tndressage.com/Calendar.html
Oct 1-2	Blues City Dressage. Germantown, TN. USDF/USEF Dressage Show. See www.deltadressage.com
Oct 8-9	Dressage at Greystone Farms. Lynnville, TN. USDF/USEF Dressage show. See www.greystoneequestriancentersshows.com
Oct 15	CDTA Schooling Show. Willing Horse Farm, Arrington, TN. Contact Sherry Pride at sp4horses@united.net or see http://www.tndressage.com/Calendar.html
Oct 22	TVDCTA Schooling Show at Flint Ridge Farm. Huntsville, AL. Judge: Dolly Hannon (S). See www.tvdcta.org
Oct 29-30	TN State Championships and Harvest Classic Dressage. Shelbyville, TN. USDF/USEF Dressage Show. See www.tndressage.com
Nov 12-13	Dressage at Greystone Farms. Lynnville, TN. USDF/USEF Dressage show. See www.greystoneequestriancentersshows.com
Nov 19-20	Poplar Place Farm November Dressage Show. Hamilton, GA. USDF/USEF Dressage show. See www.poplarplacefarm.com

Did we miss something? Are you hosting an event you would like to list? Please email meris@mcn.net or bduncan@hiway.net to add things to the calendar. A complete year's listing can be found at tvdcta.org. Items are subject to change at the editor's discretion.

Learn Some Basics of Biomechanics and How it can Help Your Riding.

Since Dressage does not exist without movement, the study of the forces that cause movement can provide insight to help your riding. Biomechanics is the study of the application of mechanics to biological systems. The term mechanics was first used by Galileo to describe the force, motion and strength of materials. Movement of any kind results from internal and external forces. Biomechanics can measure some of what is observed by riders and judges. Understanding the science of riding is not necessary to be a good rider, but it may help you understand some of the classical riding theory and help you implement it in your daily training. At the September meeting we can scratch the surface of some biomechanical concepts and how it relates to dressage.

Meris Greges has a BS in Mechanical

Engineering and BS Exercise Science with a Biomechanics emphasis and a MS in Biomedical Engineering. She has taught a graduate level biomechanics class along with working on projects involving Olympic figure skating, spinal cord injury, and movement analysis of thoroughbred racehorses. She is a TVDCTA member, PATH (formally NARHA) certified instructor and Pony Club graduate with experience in dressage and therapeutic riding. She currently owns and trains her three dressage horses.

She will talk at the September 20th meeting at 6:30 at deciBel research (see pg 2) on what biomechanics is and some simple biomechanical concepts that you can use to better understand some dressage theory and improve your riding.



Do you have a horse keeping, fitness, training, or time saving tip you would like to share? How about a question or a neat photo? Contributions for the newsletter are encouraged!! Please have submissions in by the 25th of the month prior to the issue. Items are subject to change at the editor's discretion.

Contributions may be mailed or submitted via email to meris@mcn.net. If you would like your mailed material returned, please include a SASE. Mail contributions to Meris Greges; 29938 Thach Rd; Athens, AL 35613

2011 TVDCTA Schooling Show Info

Sept 10, 2011
Red Horse Ridge
Gurley, AL.
Judge: Mary Fowler (R)
Closing Date Aug 27

Oct 22, 2011
Flint Ridge Farm
Huntsville, AL.
Judge: Dolly Hannon (S)
Closing Date Oct 8, 2011

TVDCTA Bits Advertising Rates

Business Card....	\$5/mo.	1/4
Page.....	\$10/mo.	
1/2 Page.....	\$17/mo.	Full
Page.....	\$30/mo.	
Sponsor Strip...	\$7/mo.	Classified*.....\$2/line/mo
---Advertise for 5 months, get the 6th month free!---		
Classified ads will also be placed on our web site and may include a photo (counts as an extra line).		
Please send advertising copy with payment (payable to TVDCTA) to: Paulette Harrell , 3113 Hale Drive, Huntsville, AL 35805 or digital copies can be emailed to paulette.tvdcta@hotmail.com		
*Members may place one free classified ad (up to 3 full width lines) per newsletter.		

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HOME -> BULLETIN BOARD -> UPCOMING EVENTS







TVDC TA Dressage Schooling Show

September 10, 2011 at Red Horse Ridge. Gurley, AL

Judge: Mary Fowler, "R"

OPENING DATE: upon receipt

CLOSING DATE: August 27, 2011. (Late fee of \$25 applicable after this date, but space cannot be guaranteed.)

FEES: \$25 per test, \$22 per test for JR/YR. \$15 fee per show for non-TVDC TA members.

General Information:

All entries not in show secretary's hands by the closing date will be subject to a late fee of \$25 and will NOT be guaranteed entry. Negative Coggins test (within 1 year) must accompany entry form. Horses will not be permitted on the show grounds without proof of a current Negative Coggins. No phone entries or email entries will be accepted. All riders must have a completed and signed entry before the event.

Rides are on a first come basis with a limited number of rides available. Payment must accompany entry. No refunds will be given after closing date for any reason. Show will be held rain or shine unless the facility cancels. Music for free-styles must be turned in to show secretary no less than 1 hour before class. No dogs are allowed on the show grounds. The dressage arena will close on Friday at noon. Riders are not allowed to enter the arena until directed to by the gatekeeper. No horses are allowed in the arena before the show starts.

PLEASE NOTE THERE IS A NEW HELMET RULE: : Anyone mounted on a horse must wear protective headgear except those riders 18 and over while on horses that are competing only FEI levels and test at Prix St. Georges and above.

AWARDS: Ribbons will be awarded for 1st through 6th place. All tests and ribbons must be picked up at the show.

STABLING: Limited number of stalls will be available on a first come basis for \$25 per day. Bring your own food and buckets. Please contact Sonja Hinds at 256-682-6913 to make arrangements.

Please note Stalls will NOT be available until 9AM on Sat.

DIRECTIONS to Red Horse Ridge. Take US 72 E from Memorial Parkway (US 231). Go 6.1 miles, turn left on Ryland Pike just past the Texaco convenience store. Then go about two miles, turn right onto Moontown Road, and go about one-half mile. Red Horse Ridge is on the left.

TIMES: The show will begin at 8:00 am. Tests will run from lowest level to highest, but not necessarily in exact order. Show times will be available on www.tvdcta.org after September 6.

CLASS LIST (ALL TEST ARE 2011 TESTS UNLESS OTHERWISE INDICATED)

- | | | |
|--------------------------------|-------------------------------|---------------------------------------|
| 1. USDF Intro A (AA,O, JR) | 7. USEF First 1 (AA, O, JR) | 13. USEF Third Test of Choice* |
| 2. USDF Intro B (AA, O, JR) | 8. USEF First 2 (AA, O, JR) | 14. USEF Fourth Test of Choice* |
| 3. USDF Intro C (AA, O, JR) | 9. USEF First 3 (AA, O, JR) | 15. Musical Freestyle TOC* |
| 4. USEF Training 1 (AA, O, JR) | 10. USEF Second 1 (AA, O, JR) | 16. FEI Test of Choice* |
| 5. USEF Training 2 (AA, O, JR) | 11. USEF Second 2 (AA, O, JR) | 17. Dressage Seat Equitation (AA, JR) |
| 6. USEF Training 3 (AA, O, JR) | 12. USEF Second 3 (AA, O, JR) | 18. Gaited Horse TOC* |

Tests available on USDF.org and USEF.org *Please specify which test (or tests) for test of choice (TOC) on entry form.

MAIL ENTRIES TO: Cynthia Moore, 163 Intracoastal Dr. Madison, AL 35758

MAIL MEMBERSHIP DUES TO: Paulette Harrell, 3113 Hale Dr, Huntsville, AL 35805

SHOW SECRETARY: Please contact Cynthia Moore at neptune75@knology.net or 256-325-7041 for show and entry questions.

RIDE TIMES: see www.tvdcta.org after September 6.



TVDC TA Dressage Schooling Show

September 10, 2011 at Red Horse Ridge. Gurley, AL

Closing Date: Aug 27, 2011. Ride times will be posted after September 6 on www.tvdcta.org

Horse:	Owner:
Rider:	Birthdate (JR/YR):
Address:	Phone:
City:	Email:
State/Zip:	Date of Coggins:

*2011 Dressage tests apply. No phone or email entries will be accepted. Entries must be in secretary's hands by closing date or will be subject to a late fee and entry will not be guaranteed. TVDC TA requires all entrants to have a completed (including Coggins) and signed entry before the event. Entries will be given a ride time on a first come basis. Negative Coggins (within 1 year) MUST accompany entry form for each show. Please print clearly—Please send a separate entry for each horse/rider combination.

CLASS #	CLASS NAME	DIVISION AA=ADULT AMATEUR; JR=JR/YR; O=OPEN	FEE AMOUNT Test only: \$25.00; JR Rider: \$22.00

Class Fee Total _____

Stall Fee (\$25 per day) Please Contact Sonja Hinds at 256-682-6913 to make stall arrangements including payment.

Non Member Fee for show (\$15) _____

Late Fee (\$25) _____

TOTAL AMOUNT DUE _____

*Show Management reserves the right to refuse any entry for a cause. Show management reserves the right to make any changes deemed necessary for the safe and efficient conduct of the competition. Riders are not to enter arena until directed by gatekeeper. No horses are allowed in the arena before the show starts. No dogs are allowed on show grounds.

New Helmet Rule Effective March 1, 2011: Anyone mounted on a horse must wear protective headgear excepted those riders 18 and over while on horses that are competing only FEI levels and test at Prix St. Georges and above (including FEI Young Rider Tests, USEF developing Prix St. Georges test and the USEF Brentina Cup Test).

The undersigned exhibitor, owner and signing parent or guardian hereby 1) agree to release the management of this show, their officers, directors, employees, members or agents, and the owners/managers of the grounds where this event is being held from loss, damage, liability or injury arising out of or resulting from this show or exhibitor participation or entry therein; 2) agree to indemnify, hold harmless and defend; the organizer, the facility owner and management of this show from and against any claims for loss, damage or injury, however caused, resulting directly or indirectly from Exhibitors entry or participation in this show or from acts or omission of exhibitor or exhibitor's agents; and 3) agree that activities with and around horses and horse shows involve inherent risks that are understood by the persons signing and are expressly assumed, in the event of injury to the exhibitor or the exhibitor's animal or animals, permission is hereby granted to management for emergency medical treatment.

WARNING: Under Alabama law, an equine activity sponsor or equine professional is not liable for an injury to or death of a participant in equine activities resulting from the inherent risks of equine activities, pursuant to the equine activities liabilities protection act.

Rider Signature: _____ Date: _____

Parent/Guardian Signature: _____ Date: _____

NO REFUNDS AFTER CLOSING DATE. MAKE CHECKS PAYABLE TO TVDC TA.

Mail entries to the show secretary: Cynthia Moore; 163 Intracoastal Dr; Madison, AL 35758; 256-325-7041; neptune75@knology.net

OFFICE USE: Rec'd	Check #	Coggins	Member
-------------------	---------	---------	--------